



# Vanguard Learning Trust

## Environmental sustainability week

### Trust-led activities

**Monday 11th to Friday 15th November 2024**

Throughout our environmental sustainability week, there will be a number of Trust-led activities that members of our Trust-wide community can participate in. This update provides initial information about these activities, which will hopefully encourage our Trust-wide community to make this another successful week.

#### ***How low can we go? challenge***

Throughout the week, the Trust's community will have the opportunity again to take part in a range of daily and weekly challenges to reduce individuals', schools' and families' carbon footprints. The challenges will focus on the five Rs: recycle, reuse, repurpose/repair, reduce and rethink. There will be a competition within schools based on the average scores per student and staff member combined. The challenges will be shared with the community during the week beginning Monday 4th November 2024 to allow individuals and schools time to prepare. A Google form has been set up so that every member of the community in our Trust can record their contributions by completing a separate form each day. The challenges will be quantified in terms of the estimated reduction in carbon footprint for each activity and there will be prizes for the students/schools/families with the largest reduction in their carbon footprint. There will be live updates so that the statistics can be shared with the community in real time.

#### **Keynote speaker**

Jeremy Williams from Let's Go Zero is recording a presentation for the Trust on the work of the charity as well as focusing on the three objectives for our Trust-wide week. There will be a short form for members of the community to complete to evaluate the impact of his talk as well as a quiz on its content.

#### **Opening ceremony activity**

There will be an opening ceremony activity taking place at the beginning of the week which all schools in the Trust take part in. It will involve each school having drone footage filmed of students spelling out letters to create an overall word that is related to environmental sustainability.





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## Sustainable school catering options

All the schools will be offering sustainable catering options during the week. Food management is a key way to reduce our carbon footprint and it is hoped that offering sustainable food dishes will support the *how low can we go?* challenge as well as allowing our school communities to taste and enjoy the culinary sustainable options. Impact Food Group (IFG), the Trust's third-party catering provider, will be offering an additional option that promotes sustainable food production. They will offer meat free dishes for the secondary schools which is an important way to reduce our carbon footprint and a sustainable dessert option at the junior school. IFG's daily wastage statistics reporting for the *how low can we go?* challenge will serve as a powerful tool to demonstrate their commitment to sustainable practices and responsible resource management.

## Daily quizzes

There will be daily quizzes throughout the week which will involve participants watching a video, including the one by our keynote speaker, Jeremy Williams, and answering a quiz with ten multiple choice questions. There will be prizes for those participating throughout the week and it will contribute to the Let's Go Zero scores.

## Slogan and picture competition

Students will be encouraged to enter the slogan and picture competition to capture both visually, and in words, our Trust's commitment to environmental sustainability. The winning entries will be used in a special edition newsletter which will be released at the end of the autumn term, showcasing all of the week's activities. The winner and runner-up entries from our first week are shown below.

