



June 2024

Dear Parents / Carers

NUT - FREE SCHOOL

I am writing to advise parents that we have a number of students in school with serious nut allergies. For these students, exposure to nuts can cause a potentially life threatening allergic reaction known as anaphylactic shock. This exposure can occur not only through eating nuts, but, in some cases, merely being in close proximity to them.

The school canteen and food technology departments both operate on a 'nut free' basis.

Could I ask all parents to support these students, and the school community, by taking the following steps:

- To not send their children into school with breacktime snacks, or food in their lunchboxes, which contains nuts.
- To ensure that any products brought in, for charity bake sales, or end of term social events are equally 'nut free'. Please can I ask parents to be particularly vigilant of chocolate selection boxes (e.g. Celebrations).
- If the opportunity presents itself, to have a discussion with their son or daughter as to why these products can be so dangerous for some.

Thank you for your support in ensuring a safe school environment for all.

Yours sincerely

Karen Williams
Business Manager

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