

PE SUPER CURRICULUM:

Books

Legacy – James Kerr

Running Full Tilt – Michael Currinder

Friday Night Lights – H.G Bissinger

Open – Andre Agassi

The Money Game: Michael Lewis

Ali: A Life – Jonathan Eig

Podcasts

Swimming - Effortless Swimming

Cricket - Stumped (Weekly)

Tennis - The tennis podcast

Rugby - House of Rugby

Football - The Ornstein & Chapman Podcast

Athletics - The England athletics podcast

Other - Don't tell me the score

Museum Tours

Twickenham world rugby museum

Wimbledon museum and tour

Marylebone Cricket Club Museum at Lord's Cricket Ground

Arsenal Museum

Chelsea Football Club Museum

External club participation

Any Sport - See a PE teacher to help find a club

Events and challenges

Enter a park run - <https://www.parkrun.org.uk/>

Complete a tough mudder - <https://toughmudder.co.uk/>

Go to top golf - <https://topgolf.com/uk/>

Attend an event on the sporting calendar

<https://www.bbc.co.uk/sport> - Go to fixtures